

Language Prompts for Movement Patterns to Form Letters

A	slant down, slant down, across	N	down, slant down, up
B	down, up around, around	O	over, around, close
C	over, around and open	P	down, up, around
D	down, up, around	Q	over, around, close, slant out
E	down, across, across, across	R	down, up, around, slant out
F	down, across, across	S	over, around, curve
G	over, around, across	T	down, across
H	down, down, across	U	down, curve, up
I	down, across, across	V	slant down, slant up
J	down, curve	W	slant down, slant up, slant down, slant up
K	down, slant in, slant out	X	slant down, slant across
L	down, across	Y	slant down, slant up, down
M	down, slant down, slant up, down	Z	across, slant down, across

a	over, around and down	n	down, up, over
b	dow . . . n, up and around	o	over, around, close

c	over, around and open	p	dow . . . n, up, around
d	over, around, u . . . p and down	q	over, around, down
e	across, over, around and open	r	down, up, curve
f	over, dow . . . n, across	s	over, around and curve
g	over, around, dow . . . n and curve	t	down, across
h	dow . . . n, up and over	u	down, curve up, down
i	down, dot	v	slant down, slant up
j	down, curve, dot	w	slant down, slant up, slant down, slant up
k	dow . . . n, slant in, slant out	x	slant down, slant across
l	dow . . . n	y	slant down, slant dow . . . n
m	down, up, over, up, over	z	across, slant down, across

Adapted from Dorn, L. J., & Soffos, C. (2001). *Shaping literate minds: developing self-regulated learners*. Stenhouse Publishers.

